INSIDER TIPS: How to Succeed as Faculty and Family in San Francisco

November 18, 9:00-10:30 a.m. | Parnassus Library, Lange Reading Room

Continental breakfast will be served

Converse with faculty members who will share their diverse experience of parenting in San Francisco while being on faculty at UCSF.

Provide feedback to the Campus Council on Faculty Life on family resources that would be valuable for faculty.

PRESENTED BY: UCSF FACULTY PANEL

- Adams Dudley, MD, MBA, Professor, Department of Medicine and Health Policy
- Ying-Hui Fu, PhD, Professor, Department of Neurology
- Steve Gitelman, MD, Professor, Department of Pediatrics
- Erica Monasterio, MN, FNP, Clinical Professor, Family Health Care Nursing
- Elizabeth Ozer, PhD, Professor, Department of Pediatrics
- Arun Sharma, BDS, MS, Professor, Department of Preventive and Restorative Dental Sciences

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
Office of Academic Affairs and Faculty Development and Advancement

CAMPUS COUNCIL ON Faculty Life
Agenda

• **Welcome** Brian Alldredge, PharmD, Vice Provost Academic Affairs
• **Work Life balance at UCSF-findings from recent climate surveys** Elizabeth Ozer, PhD

• **Panel Introductions**
  • Adams Dudley, MD, MBA
  • Ying-Hui Fu, PhD
  • Steve Gitelman, MD
  • Erica Monasterio, MN,FNP
  • Elizabeth Ozer, PhD
  • Arun Sharma, BDS,MS

• **Panel Discussion**
Results from 2011 UCSF Faculty Climate Survey

Satisfaction among UCSF Faculty (of those who respond)*

<table>
<thead>
<tr>
<th>Personal and family time</th>
<th>Very/fairly satisfied</th>
<th>Neutral</th>
<th>Very/fairly dissatisfied</th>
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</thead>
<tbody>
<tr>
<td>Flexibility for family/personal needs (n=1,330)</td>
<td>60%</td>
<td>19%</td>
<td>20%</td>
</tr>
<tr>
<td>Time for family/other interests (n=1,339)</td>
<td>33%</td>
<td>22%</td>
<td>45%</td>
</tr>
<tr>
<td>Personal time (n=1,336)</td>
<td>32%</td>
<td>24%</td>
<td>44%</td>
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Changes in Satisfaction since 2001

% saying very or fairly satisfied

Flexibility for family/personal needs

- 2011: 60%
- 2001: 55%
2013 UC/UCSF Climate Survey

Work/Life

• ~60% of faculty/staff agree UCSF provides resources to balance work/life (fewer females agree than males).
• Faculty females less likely than males to feel department supportive of family needs and UCSF supportive of taking leave.
• Faculty females more likely to feel disadvantaged by need to balance dependent care.
UCSF Provides Resources to Balance Work-Life

- Strongly Agree: 5%
- Agree: 53%
- Disagree: 32%
- Strongly Disagree: 10%

Faculty (n = 961)
Possible Topics For Discussion

Schooling

- Pre-school options
- Choosing your first elementary school
- Middle and high school options
- After school
- Logistics
- Summer scheduling
More Topics

- Families with special needs/differences
- Cost of living in San Francisco
- How to balance being a parent and an academic
- Moving elsewhere-pros and cons
- Implications of going part-time
- Delaying the 8 year clock for child-rearing