



INSIDER TIPS: How to Succeed as Faculty and Family in San Francisco

November 18, 9:00-10:30 a.m. | Parnassus Library, Lange Reading Room

Continental breakfast will be served



Converse with faculty members who will share their diverse experience of parenting in San Francisco while being on faculty at UCSF.

Provide feedback to the Campus Council on Faculty Life on family resources that would be valuable for faculty.

PRESENTED BY: UCSF FACULTY PANEL

Adams Dudley, MD, MBA, Professor,
Department of Medicine and Health Policy

Ying-Hui Fu, PhD, Professor,
Department of Neurology

Steve Gitelman, MD, Professor,
Department of Pediatrics

Erica Monasterio, MN, FNP,
Clinical Professor,
Family Health Care Nursing

Elizabeth Ozer, PhD, Professor,
Department of Pediatrics

Arun Sharma, BDS, MS, Professor,
Department of Preventive and
Restorative Dental Sciences



UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
Office of Academic Affairs and Faculty Development and Advancement

CAMPUS COUNCIL ON *Faculty Life*

Agenda

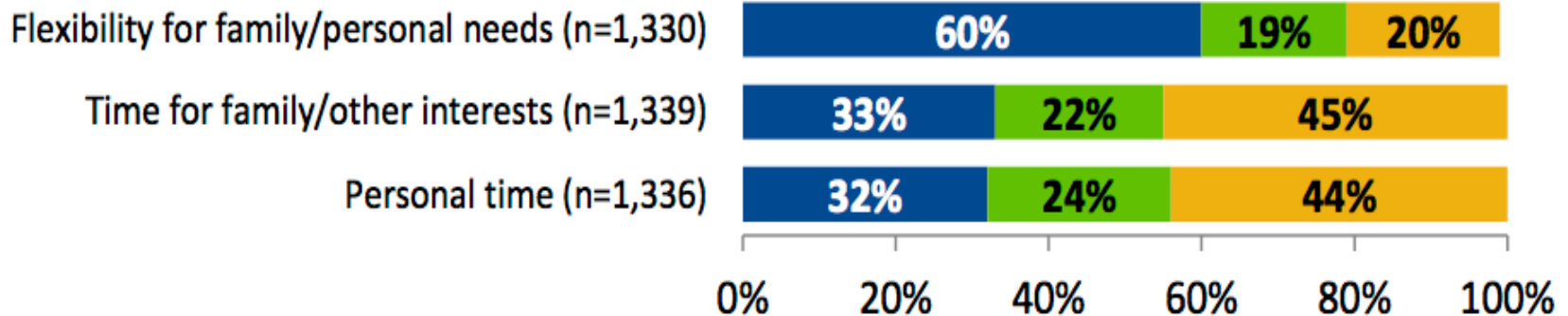
- **Welcome** Brian Alldredge, PharmD, Vice Provost Academic Affairs
- **Work Life balance at UCSF-findings from recent climate surveys** Elizabeth Ozer, PhD
- **Panel Introductions**
 - Adams Dudley, MD, MBA
 - Ying-Hui Fu, PhD
 - Steve Gitelman, MD
 - Erica Monasterio, MN,FNP
 - Elizabeth Ozer, PhD
 - Arun Sharma, BDS,MS
- **Panel Discussion**

Results from 2011 UCSF Faculty Climate Survey

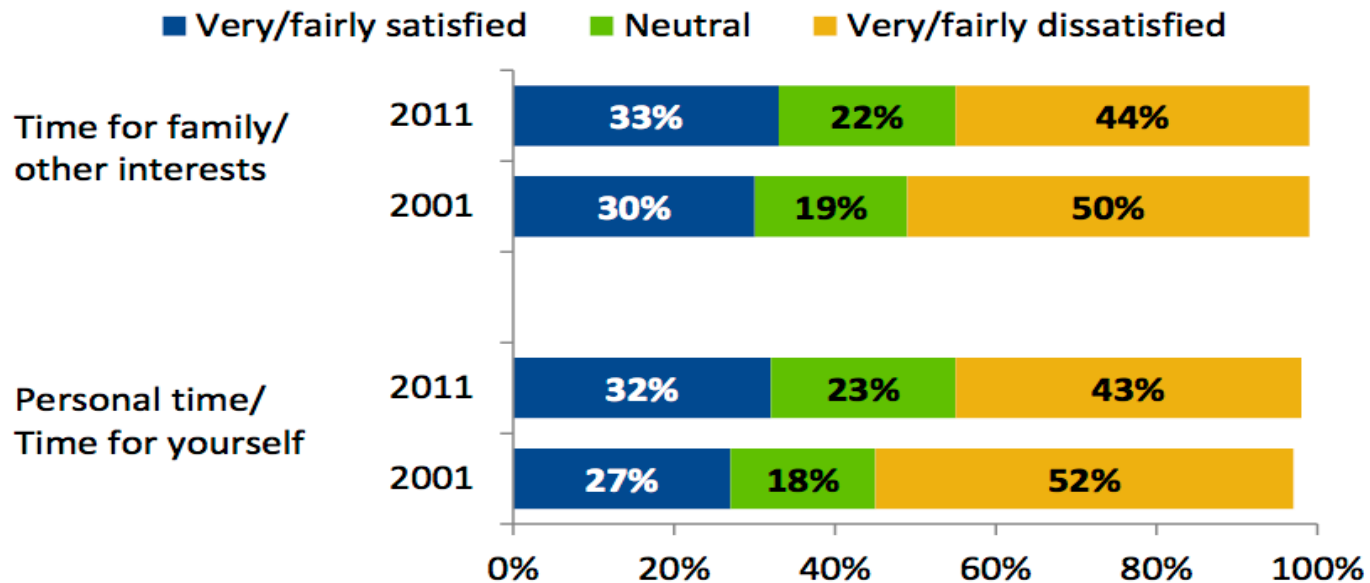
Satisfaction among UCSF Faculty (of those who respond)*

■ Very/fairly satisfied ■ Neutral ■ Very/fairly dissatisfied

Personal and family time



Satisfaction with Personal and Family Time



Changes in Satisfaction since 2001

% saying very or fairly satisfied

Flexibility for family/personal needs



■ 2011

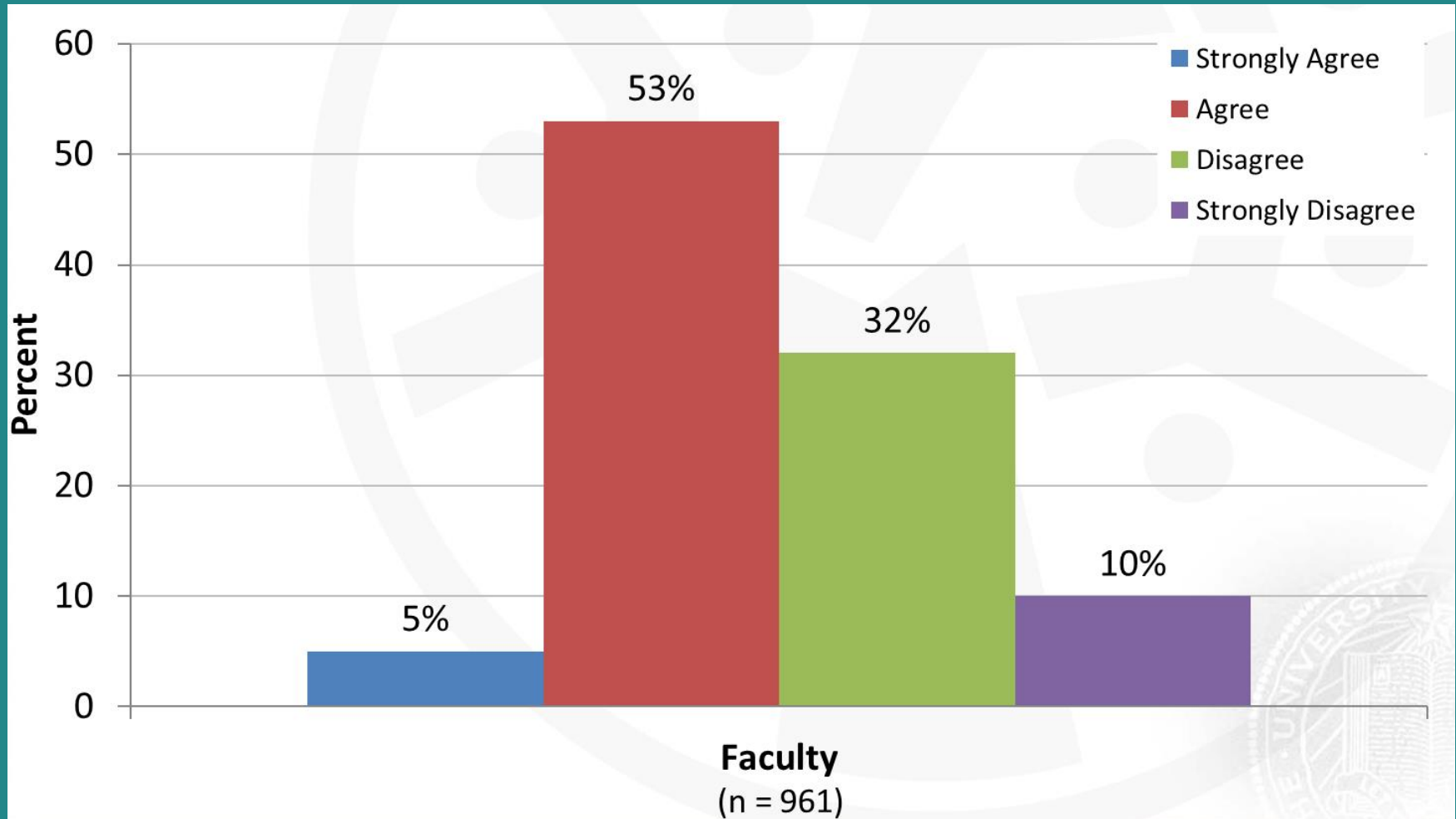
■ 2001

2013 UC/UCSF Climate Survey

Work/Life

- ~60% of faculty/staff agree UCSF provides resources to balance work/life (fewer females agree than males) .
- Faculty females less likely than males to feel department supportive of family needs and UCSF supportive of taking leave.
- Faculty females more likely to feel disadvantaged by need to balance dependent care.

UCSF Provides Resources to Balance Work-Life



Possible Topics For Discussion

Schooling

- Pre-school options
- Choosing your first elementary school
- Middle and high school options
- After school
- Logistics
- Summer scheduling

More Topics

- Families with special needs/differences
- Cost of living in San Francisco
- How to balance being a parent and an academic
- Moving elsewhere-pros and cons
- Implications of going part-time
- Delaying the 8 year clock for child-rearing